

FALL 2026 CLASSES

August 26 - December 12 | 14-Week Session | Drop-ins welcome | Closed Sept. 7, Oct. 14 - 17, & Nov. 24 - 28



Monday

11:00 AM - Noon	Somatic Movement w/ Liz Monnier	13 - ∞
12:00 - 1:00 PM	Dance in Your Seat w/ Liz Monnier	55+
4:45 - 6:15 PM	Pineapple Dance Project I w/Ashley Benninghoff	12-18
5:30 - 6:15 PM	Movement Mix w/ Macie Wilson	5-8
6:15 - 7:15 PM	Beginning Modern w/ Hannah Bond-Gentié	13 - ∞
6:15 - 7:15 PM	Jazz Technique w/Torion Pickett	13 - ∞
7:15 - 8:30 PM	Contemporary Combos w/Various Instructors	13 - ∞
7:15 - 8:30 PM	Beginning Ballet w/Toria Kleman	13 - ∞



Tuesday

4:30 - 5:30 PM	Silver Taps w/ Dawn Yingling	55+
5:30 - 6:15 PM	Creative Movement w/ Rachel Jones	3-5
5:30 - 6:30 PM	Youth Ballet w/ Corinne Hobbs	8-12
6:30 - 7:30 PM	Continuing Tap w/ Dawn Yingling	13 - ∞
6:30 - 7:45 PM	Continuing Ballet w/ Toria Kleman	13 - ∞
7:30 - 8:30 PM	Beginning Tap w/ Dawn Yingling	13 - ∞
7:45 - 8:30 PM	Pointe** w/ Toria Kleman	13 - ∞



Wednesday

4:45 - 6:15 PM	Pineapple Dance Project II w/ Corinne Hobbs^	12-18
5:30 - 6:30 PM	Acro & Tumbling w/ Aurora Kulp	8-12
6:15 - 7:15 PM	Beginning Belly Dance w/ Doni Palmer	13 - ∞
6:30 - 7:30 PM	Classical Chinese Dance w/ Qidi Zhu	13 - ∞
7:15 - 8:45 PM	Continuing Modern w/ Ann Brake	13 - ∞
7:30 - 8:30 PM	Continuing Belly Dance w/ Doni Palmer	13 - ∞



Thursday

4:30 - 5:30 PM	Tai Chi w/ Nancy Woolacott	13 - ∞
5:30 - 6:30 PM	Youth Taiko w/ Allison Ballard	8-12
5:30 - 6:30 PM	Youth Hip-Hop w/ Fiona McKinney	8-12
6:30 - 7:30 PM	Continuing Hip-Hop w/ Various Instructors	13 - ∞
6:30 - 7:30 PM	Beginning Taiko w/ Wolf Young	13 - ∞
7:30 - 8:30 PM	Jazz Fusion w/ Various instructors	13 - ∞



Friday

10:00 - 10:30 AM	Tiny Steps w/ Various Instructors	6m-3
4:00 - 5:00 PM	Taiko Troupe I* w/ Sara Sherman	13 - ∞
5:00 - 6:30 PM	Taiko Troupe II w/ Sara Sherman^	13 - ∞
7:30 - 9:00 PM	Belly Dance Troupe^ w/ Doni Palmer	13 - ∞



Saturday

9:00 - 10:00 AM	Youth Lyrical w/ Corinne Hobbs	8-12
9:15 - 10:00 AM	Creative Movement w/ Macie Wilson	3-5
10:00 - 11:00 AM	Youth Modern w/ Corinne Hobbs	8-12
10:00 - 10:45 AM	Movement Mix w/ Macie Wilson	5-8
11:00 - 12:00 PM	Hip-Hop Groove w/ Torion Pickett	13 - ∞
11:00 - 12:30 PM	Teen Modern Technique w/ Corinne Hobbs	12-18
12:00 - 1:15 PM	Modern Combos w/ Ann Brake	13 - ∞

CLASS AGE GUIDE

6m-3

6 months - 3 years

3-5

Ages 3-5

5-8

Ages 5-8

8-12

Ages 8-12

12-18

Teens only

13 - ∞

Teens & Adults

55+

Ages 55+

^Must be invited to join Pineapple Dance Project II, or Taiko Troupe II, or Belly Dance Troupe; for more information, email info@fwdc.org
*Must be enrolled in Teen & Adult Taiko to participate in Taiko Troupe I
**Must be enrolled in Continuing Ballet to take Pointe



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@fwdancecollective



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CLASS FEES

\$15 45-60 minute classes

\$16 75-120 minute classes

\$5 Per family for Tiny Steps

7 Week & Semester Discount Packages Available Online



Refund & Class Credit Policy Available Online



Schedule is subject to change

Call our office or check our social media pages for cancellations

Let's Dance! ♥



SCAN TO VIEW CLASSES & REGISTER

Beginning Ballet

An introduction to ballet technique, terminology, and positions. Students will learn the classical art form of ballet through barre work, center, and progressive combinations.

Beginning Belly Dance

Learn the basics of proper techniques for this ancient dance form while toning your entire body. Build endurance, strength and ignite your creative spirit.

Beginning Modern

Grounded in modern dance technique, this class begins to explore contraction/release, fall and recovery, floorwork, inversions, dynamics, musicality, and expressive movement. Students build strength, versatility, and artistry through the study of modern dance in its many forms.

Beginning Tap

This class focuses on tap dance technique and musicality. Students will learn basic tap dance steps and begin to put them into dance combinations.

Beginning Taiko

In this ancient Japanese tradition, drummers will learn rhythms with sticks while using choreographed movements that take them from drum to drum.

Classical Chinese Dance

Explore Chinese classical dance through mindful breathing, flowing movement, and expressive broad sleeves. Learn to connect each posture with grace and intention while discovering a living cultural heritage. Build confidence and stage presence through performance opportunities with Chinese community and learn to speak the language of Chinese culture through dance.

Contemporary Combos

Explore the ever-evolving world of contemporary dance through new choreography each week. Featuring a rotation of teachers and movement styles, this class blends influences from modern, jazz, lyrical, and other contemporary forms while building musicality, versatility, and confidence.

Continuing Ballet

Intermediate to advanced students will practice and expand upon ballet technique and fundamentals with challenging barre and center work, jumps, turns, leaps, etc.

Continuing Hip Hop

Hip hop culture comes alive through dynamic music and energetic choreography. Movement elements and techniques are taught through combinations set to popular music.

Continuing Modern

Building on foundational modern dance technique, this continuing-level class deepens students' exploration of release, fall and recovery, floorwork, inversions, dynamics, musicality, and expressive movement. More complex phrasework, transitions, and movement qualities develop strength, coordination, versatility, and individual artistry across a range of modern dance forms.

Continuing Tap

Intermediate to advanced dancers strengthen tap skills and learn various combinations and styles of choreography.

Creative Movement

Your little dancers will receive a basic introduction to dance while enhancing motor skills and coordination with fun exercises in rhythm & movement. Students grow as movers while building confidence, friendships, and a sense of community through dance.

Dance in Your Seat

Based on the research-based dance class, Dance for PD ®, this class is designed for anyone who is challenged by mobility. Simple combinations using a chair and/or ballet barre will increase your energy level, balance, and coordination.

Hip Hop Groove

Set to popular music, this class combines foundational styles, current trends, and fun choreography while building rhythm, coordination, confidence, and endurance. No experience necessary, just bring your energy and get ready for a fun, dance-based workout that will leave you feeling energized!

Intermediate Belly Dance

Take your belly dance skills to the next level. Refine technique, explore more complex movements, and begin learning short choreographic combinations. Build confidence and artistry through dynamic expression.

Jazz Fusion

This combo-based jazz class invites dancers to explore the many styles and influences that shape jazz dance today. Each class features new choreography and a rotation of instructors. Blending classic jazz foundations with contemporary influences, commercial styles, and creative expression, this class challenges dancers to strengthen technique, expand their versatility,

Jazz Technique

Rooted in both classical and contemporary jazz styles, this class emphasizes precision, musicality, and expressive movement. Dancers will deepen their understanding of jazz technique through stylized combinations that build strength, coordination, and personal artistry.

Modern Combos

This modern class explores choreography with elements of Graham and Horton techniques. Dancers will further develop their artistry, performance quality, and technique through learning new repertoire.

Movement Mix

This is an introduction to the technique of various dance styles. Young students learn elements of ballet, jazz, and modern/contemporary dance in a fun environment with musical exercises and games.

Pineapple Dance Project

Pineapple Dance Project is a performance based youth company. These classes teach choreography, encourages teamwork, and empowers students to push the boundaries of dance while taking artistic risks.

Pointe

Build strength, alignment, and control for pointe work through focused barre exercises and foundational technique. Suitable for dancers developing or refining their pointe skills.

Tai Chi

This Chinese movement form improves balance, focus, relaxation, and coordination. The class is 60 movement Yang style. Explore the traditional Yang Style Tai Chi 60 Movement form through mindful movement, breath, and balance. This all-levels class develops coordination, flexibility, relaxation, and body awareness through flowing, meditative practice.

Silver Taps

Designed for older adults, this class is an introduction to the basics of tap from a seated position or at the ballet barre. Enjoy the art of tap dancing with low-impact, age-appropriate movements. Whether you're a seasoned dancer or trying tap dance for the first time, this class offers a supportive and delightful environment for all.

Somatic Movement

Somatic Movement is a gentle, exploratory class designed to increase body awareness, improve mobility, and support overall well-being through mindful movement. Using guided movement explorations inspired by Feldenkrais Awareness Through Movement ® lessons, participants learn to recognize habitual movement patterns, release unnecessary tension, and discover more efficient ways of moving. Students must be able to lie on the floor.

Tiny Steps

A joyful music and movement experience including live music, gentle relaxation, hands-on instrument play, and playful movement games that support early development and bonding.

Teen Modern Technique

With an emphasis on technique, dancers will build strength, flexibility, and coordination while learning contemporary combinations and improvisational exercises. Perfect for teens looking to grow as performers and connect with the artistry of movement.

Youth Acro & Tumbling

Designed to support young dancers in developing strength, balance, flexibility, and coordination. This class explores foundational and progressive techniques, including balances, rolls, inversions, and tumbling sequences, while emphasizing body awareness, safety, and creative movement.ancers will explore

Youth Ballet

Learn basic fundamentals, positions, terminology, and movements of ballet in a fun and non-competitive environment. in a fun and creative environment

Youth Hip Hop

Using fun pop music, this class will teach the basic and fundamental movements of hip hop focusing on rhythm, technique, and precision.

Youth Modern

Learn fundamental steps, movements, and shapes within modern dance. Students will explore modern dance technique through games, choreographed combinations, and improvisation.

Youth Lyrical

Learn fundamental steps, movements, and shapes within modern dance. Students will explore modern dance technique through games, choreographed combinations, and improvisation.

Youth Taiko

Through powerful group drumming, movement, and ensemble work, students will explore the connection between sound and the body while building confidence, discipline, and teamwork skills.